



Authentic Leader Immersion

The Authentic Leader Immersion is for seasoned leaders ready for a deeper dive in their leadership journey. It is soul-centered, transformational, and deeply practical work activating an even richer experience of life and more authentically powerful impact in their world.

The program is a 5-day, in-person, deep and rigorous exploration of what it means to lead authentically in all areas of life, professional and personal. It is a highly interactive and experiential process, immersing you in an elegantly profound framework of four core disciplines, synthesized from a variety of modalities (ancient and modern) for deepening self-knowledge and guiding self-development.

Program Structure

The core of the program is a 5-day, in-person immersive experience. It is a time-out from every day life and work in order to focus exclusively and intensively on participants' own self-development. The immersion is bookended by rigorous self-reflective pre-work and a series of follow-up group and 1:1 coaching sessions. Each cohort is limited to eight leaders, keeping the experience intimate.

Outcomes

- Internalizing a potent approach to leadership and people development anchored in four core disciplines of conscious, powerful, and authentic leadership presence.
- Clear articulation of core values, life purpose and leadership vision—creating a living/breathing/evolving platform for your unique brand of leadership.
- Consistent ability to maintain an elevated level of self-awareness—enabling more conscious and intentional action and communication in all aspects of your life.
- Increased ability to build high-quality relationships and bring out the best in others.



Curriculum

The Authentic Leader Immersion experience activates a simple yet profound set of four Disciplines and twelve Power Pathways that enable the highest level of leading self and others, distilled from Burke Miller's 25 years of experience and research in the leadership development field (and articulated in his book, *A Sacred Trust: the Four Disciplines of Conscious Leadership*).

It is a synthesis of ancient wisdom traditions, modern psychology, and research-based leadership practice—offering a holistic approach to becoming a more conscious, authentic, courageous, and empowering leader.

